Taking Yourself To Your Next Level

Finding Your Purpose Managing Your Stress Developing Your Plan



Baseline View

You will need to get honest with where you are

Strengths and Weaknesses Assets and Liabilities



Growth Mindset

Owner vs. Victim

Self Talk

Your Center



Vision of Success

Owner vs. Vitim

Self Talk

Your Center



Create Your Vision What is your purpose? Family – Culture – Career Why do you care? What do you see yourself accomplishing? How will you dedicate yourself? How will you serve?



Find Your Coach

Creating Trust

Developing the Plan

Coach to the Need



Development Goals

Family – Culture – Career

Tap into your strengths

SMART Goals



Long Range Plan Worksheet

Expected Results and Behaviors

Performance Goals Development Goals

Follow Up



Thanks for attending!

To learn more about Paula and Tribal leadership and development programs, contact Amy Hergenrother, <u>amy@ravingconsulting.com</u> or 775-329-7864.

